

Unit hub

Keeping the pulse (Theme: My favourite things) :

Intended outcome of the unit

Pupils who are **secure** will be able to:

Clap the rhythm of their name in time to the pulse.

Sway or tap in time to the pulse.

Sing a rhythm in time with the pulse.

Copy rhythms based on word patterns using an instrument.

Keep the pulse while playing a rhythm on an instrument.

Follow instructions during a performance.

Key Vocab

pulse
singing voice

speaking voice
thinking voice

Unit specific links:

[Knowledge organiser: Music - Y1 Keeping the pulse](#)
[Vocabulary display - Music Y1: Keeping the pulse -](#)

Week 1

[Lesson 1: Finding the pulse](#)

To demonstrate an understanding of pulse using parts of the body.

Week 2

[Lesson 2: Singing a sound pattern](#)

To keep a pulse and show a sound pattern using bodies and voices.

Week 3

[Lesson 3: Using a thinking voice](#)

To explore using a thinking voice to show the pulse.

Week 4

[Lesson 4: Reading sound patterns](#)

To play short rhythms in time with the pulse.

Week 5

[Lesson 5: Practice makes perfect](#)

To demonstrate an understanding of pulse through performance.

Suggested Next Steps

[Tempo \(Theme: Snail and mouse\)](#)

Y1