

Medium Term Plan: Supporting Implementation of

Subject: EYFS – Spring 1 - Dance: Unit 2

In this unit children will develop their expressive movement through the topic of 'places'. Children explore space and how to use space safely. They explore traveling actions, shapes and balances. Children choose their own actions in response to a stimulus. They also are given the opportunity to copy, repeat and remember actions. They continue to use counting to help them keep in time with the music. They explore dance through the world around them. They perform to others and begin to provide simple feedback.

Development Matters links:

- Increasingly be able to use and remember sequences and patterns of movements which are related to music and rhythm.

Key skills:

- Physical: actions, dynamics, space, balance, jump
- Social: work safely, respect, collaboration
- Emotional: confidence, independence
- Thinking: comprehension, provide feedback, select and apply actions, creativity

Long-term Learning (what pupils MUST know and remember) End Goals

- I am confident to try new challenges and perform in front of others.
- I can combine movements, selecting actions in response to the task.
- I can negotiate space safely with consideration for myself and others.
- I follow instructions involving several ideas or actions.
- I show respect towards others when providing feedback.
- I use movement skills with developing strength, balance and co-ordination showing increasing control and grace.

Key Vocabulary

Actions, beat, counts, direction, fast, finish position, high, low, quickly, shape, slowly, start position, travel

Session 1 – Theme: At the Seaside

To copy, repeat and explore actions in response to a theme.

Success Criteria

- Count to 8 to help you to stay in time with the music.
- Make big movements with your body to show clear shapes.

Whole Child Objectives

- Social: To work safely around others.
- Emotional: To show confidence to perform.
- Thinking: To use counts to know when to change action.

Postcard actions video to be used -

<https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=24269>

Vocabulary:

Actions, beat, counts, shape

Session 2 – Theme: Under the Sea

To explore and remember actions considering level, shape and direction.

Success Criteria:

- Use clear actions to help to show your character.

Whole Child Objectives:

- Social: To show respect to others when they perform.
- Emotional: To move with confidence.

Medium Term Plan: Supporting Implementation of

- Thinking: To comment on my own and other's performances.

Under the sea video to be used - <https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=11019>

Vocabulary:

Actions, shape, direction

Session 3 – Theme: At the Fireworks Display

To explore actions with a prop.

Success Criteria:

- Use big, confident actions and movements.

Whole Child Objectives:

- Social: To show respect for others when watching them perform.
- Emotional: To show confidence to perform.
- Thinking: To select my own actions to represent an idea.

Fireworks video to be played - <https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=24171>

Vocabulary:

shapes, actions, counts

Session 4 – Theme: At the Fireworks Display

To move with control and co-ordination, expressing ideas through movement.

Success Criteria:

- Count to 8 to help you to stay in time with the music.

Whole Child Objectives:

- Social: To work sensibly, leaving a gap when following a path between myself and the next person.
- Emotional: To show confidence to perform.
- Thinking: To say what I liked about someone else's performance.

Vocabulary

Counts, fast, slowly, high, low, travel

Session 5 – Theme: At the Farm

To remember and repeat actions moving in time with the music.

Success Criteria:

- Make big movements with your body to show clear shapes.

Whole Child Objectives:

- Social: To collaborate with the class by performing at the correct time.
- Emotional: To work independently to create my own actions.
- Thinking: To follow instructions.

Vocabulary

Actions, shapes, quickly, slowly

Medium Term Plan: Supporting Implementation of

Session 6 – Theme: At the Farm

To explore actions in response to a theme and begin to use counts.

Success Criteria:

- Make big movements with your body to show clear shapes.
- Use different body parts to create the shapes.

Whole Child Objectives:

- Social: To show respect for others when watching them perform.
- Emotional: To show confidence to perform.
- Thinking: To choose my own actions for a task.

Vocabulary

Start position, finish position, actions, travel

Future learning this content supports:

Children will start to develop skills of balance, flexibility, stamina, and co-ordination. Children will increasingly be able to use and remember sequences and patterns of movements which are related to music and rhythm. They work independently and with a partner to complete tasks. These important skills facilitated throughout this unit will act as the basis for their improvement throughout KS1 and KS2.