

## Medium Term Plan: Supporting Implementation of

### Subject: Year 1 Autumn 2 – Striking and Fielding Games:

Striking and fielding games are games where there are two teams, one, the batting team, try to score points and the other, the fielding team, try to stop the batting team from scoring. Examples of striking and fielding games include cricket and rounders. In this unit, pupils develop their understanding of the principles of defending (fielding) and attacking (batting) for striking and fielding games. They use and develop skills such as throwing and catching, tracking a ball and striking a ball. They learn how to score points in these types of games, how to play to the rules and use simple tactics. They show respect towards others when playing competitively and develop communication skills to manage small sided games.

#### N/C links:

- master basic movements including throwing and catching.
- Participate in team games, developing simple tactics for attacking and defending.

#### Key skills:

- Physical: underarm throw, overarm throw, catch, track, bat, balance, jump, run
- Social: communication, collaboration, support and encourage others, kindness
- Emotional: manage emotions, honesty, perseverance
- Thinking: comprehension, use tactics, select and apply, decision making

### Long-term Learning (what pupils MUST know and remember) End Goals

- I can catch a beanbag and a medium-sized ball.
- I can hit a ball using my hand.
- I can roll a ball towards a target.
- I can track a ball that is coming towards me.
- I know how to score points.
- I understand the rules and I am beginning to use these to play honestly and fairly.
- I understand when I am successful.

### **Key Vocabulary**

Hit, out, ready position, track, underarm / overarm, batter, batting, bowl, bowler, fielder, fielding

Session 1 – To develop underarm throwing and catching.

#### **Success Criteria**

- Point your hand where you want the ball to go.
- Step forward with your opposite foot to your throwing arm.
- Use two hands to collect the ball.
- Watch the ball when it is coming towards you.

#### **Whole Child Objectives**

- Social: To communicate with others.
- Emotional: To manage my emotions.
- Thinking: To listen to the instructions and understand what to do.

Underarm throw video to be shown -

<https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=12270>

### **Vocabulary**

Track, underarm, batter, batting, fielders, fielding

Session 2 - To develop overarm throwing.

#### **Success Criteria:**

- Point your hand where you want the ball to go.
- Step forwards with your opposite foot to throwing hand.

## **Medium Term Plan: Supporting Implementation of**

### **Whole Child Objectives:**

- Social: To communicate with my team to field the beanbag.
- Emotional: To play games honestly and use the rules.
- Thinking: To try to place the beanbag away from others to score more points.

Overarm video to be shown - <https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=12272>

### **Vocabulary**

Overarm, fielding, batter, batting, bowl, bowler

Session 3 – To develop hitting a ball.

### **Success Criteria:**

- Strike the ball using the centre of the racket.
- Watch the ball as it is coming towards you.

### **Whole Child Objectives:**

- Social: To work with others to organise our game.
- Emotional: To keep trying if I find hitting the ball difficult.
- Thinking: To try to hit the ball away from others to score more points.

### **Vocabulary**

Hit, overarm, underarm, batting, batter,

Session 4 - To develop collecting a ball.

### **Success Criteria:**

- Get in front of the ball.
- Use two hands to collect the ball.

### **Whole Child Objectives:**

- Social: To support and encourage others to keep trying.
- Emotional: To show honesty when playing against others.
- Thinking: To understand the role of the fielder.

Retrieve a ball video to be shown - <https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=12279>

### **Vocabulary**

Fielder, hit, ready position, track, batter

## **Medium Term Plan: Supporting Implementation of**

Session 5 – To learn how to get a batter out.

### **Success Criteria:**

- When batting, bat away from the fielders.
- When fielding, retrieve the ball and send it to the bowler.

### **Whole Child Objectives:**

- Social: To show kind behaviour towards others when playing games.
- Emotional: To try my best.
- Thinking: To understand the roles of a batter, bowler and fielder.

### **Vocabulary**

Batting, fielding, ready position, bowler, fielder

Session 6 – To play games and understand how to score points.

### **Success Criteria:**

- Make decisions about when to run by looking at the ball and fielders.
- Run around the outside of the bases after you have hit the ball.

### **Whole Child Objectives:**

- Social: To show kind behaviour towards others when playing games.
- Emotional: To show honesty and fair play when batting.
- Thinking: To understand the rules of the game.

### **Vocabulary**

Fielders, hit, batting, fielding, batters, bowlers

### **Future learning this content supports:**

This unit will support children with striking and fielding units and sports through KS1 and KS2. Pupils will have gained a broad range of skills that will be transferred across units they encounter in the future such as rounders and cricket. Pupils will have improved their balance, speed, move different body parts at the same time and the ability to change direction quickly. These skills will also be essential during their participation of various sports across KS2.