



# P.E. Long Term Overview



	Autumn term		Spring term		Summer term	
<b>EYFS: Reception</b>	Introduction to PE: Unit 2	Fundamental Skills: Unit 2	Dance: Unit 2 - WACT	Gymnastics: Unit 2 - WACT DF – Simone Biles	Games: Unit 2 - WACT	Ball Skills: Unit 2
<b>Year 1</b>	Fundamental Skills - WACT  Ball Skills	Dance – WACT DF – Diversity  Striking and Fielding	Gymnastics  Net and Wall	Target Games  Fitness	Athletics - WACT  Invasion Games	Yoga - WACT  Team Building
<b>Year 2</b>	Gymnastics - WACT  Fundamental Skills	Dance - WACT  Ball Skills	Team Building - WACT  Invasion Games	Net and Wall - WACT  Striking and Fielding	Athletics – WACT DF – Katarina Johnson- Thompson  Target Games	Yoga - WACT  Fitness
<b>Year 3</b>	Ball Skills  Fundamental Skills	Fitness  Dodgeball	Dance - WACT  Tennis DF – Serena and Venus Williams	Gymnastics - WACT  OAA	Swimming  Athletics	Swimming DF – Tom Daley  Cricket
<b>Year 4</b>	Gymnastics – WACT  Football DF – England Women's Football Team	Dance – WACT  Handball	Swimming  Tag Rugby	Swimming  Golf	Basketball – WACT DF – Stephen Curry  Athletics	Hockey - WACT  Fitness
<b>Year 5</b>	Dodgeball  Swimming DF – Ian Thorpe	Fitness  Swimming	Gymnastics - WACT  Netball	Dance - WACT  Tennis	OAA  Cricket DF – Jofra Archer	Athletics  Rounders
<b>Year 6</b>	Gymnastics - WACT  Basketball	Yoga - WACT  Tag Rugby	Golf DF – Lydia Ko  Handball	Dance  Football  DF – Marcus Rashford	Rounders  Athletics	Fitness  Hockey

\*WACT – Wigan Athletic Community Trust

\*\*DF – Diversity Focus

Last updated 15.09.25

