



P.E. Long Term Overview



	Autumn term		Spring term		Summer term	
EYFS: Reception	Introduction to PE: Unit 2	Fundamental Skills: Unit 2	Dance: Unit 2 - WACT	Gymnastics: Unit 2 - WACT DF – Simone Biles	Games: Unit 2 - WACT	Ball Skills: Unit 2
Year 1	Fundamental Skills - WACT Ball Skills	Dance – WACT DF – Diversity Striking and Fielding	Gymnastics Net and Wall	Target Games Fitness	Athletics - WACT Invasion Games	Yoga - WACT Team Building
Year 2	Gymnastics - WACT Fundamental Skills	Dance - WACT Ball Skills	Team Building - WACT Invasion Games	Net and Wall - WACT Striking and Fielding	Athletics – WACT DF – Katarina Johnson- Thompson Target Games	Yoga - WACT Fitness
Year 3	Ball Skills Fundamental Skills	Tag Rugby Dodgeball	Dance - WACT Tennis DF – Serena and Venus Williams	Gymnastics - WACT OAA	Swimming Athletics	Swimming DF – Tom Daley Cricket
Year 4	Gymnastics – WACT Football DF – England Women's Football Team	Dance – WACT Handball	Swimming Tag Rugby	Swimming Golf	Basketball – WACT DF – Stephen Curry Athletics	Hockey - WACT Fitness
Year 5	Dodgeball Swimming DF – Ian Thorpe	Fitness Swimming	Gymnastics - WACT Netball	Dance - WACT Tennis	OAA Cricket DF – Jofra Archer	Athletics Rounders
Year 6	Gymnastics - WACT Basketball	Yoga - WACT Tag Rugby	Golf DF – Lydia Ko Handball	Dance Football DF – Marcus Rashford	Rounders Athletics	Fitness Hockey

*WACT – Wigan Athletic Community Trust

**DF – Diversity Focus

Last updated 15.09.25

