# Medium Term Plan: Supporting Implementation of

**Subject:** Year 3 Spring 2 – Outdoor Adventurous Activities (OAA):

OAA (outdoor adventurous activities) allows pupils to develop problem solving skills through a range of challenges. Pupils work independently, as a pair and in a small group to plan, explore, solve, reflect and improve on strategies. Pupils learn what makes a good team and explore key skills such as inclusion and trust. Pupils begin to learn to orientate a map, identify key symbols and draw and follow routes.

#### N/C links:

• take part in outdoor and adventurous activity challenges both individually and within a team.

### Key skills:

- Physical: balance, co-ordination, run at speed, run over distance
- Social: communication, co-operation, inclusion, collaborate
- Emotional: determination, trust, confidence, honesty
- Thinking: problem solving, evaluate, reflection, create, comprehension, select and apply

## Long-term Learning (what pupils MUST know and remember) End Goals

- To develop map reading skills.
- To follow and give instructions.
- To listen to and accept others' ideas.
- To plan and attempt to apply strategies to solve problems.
- To reflect on when and why I was successful at solving challenges and am beginning to understand why.
- To work collaboratively with a partner and a small group.

## **Key Vocabulary**

communication, compass, course, discuss, honest, interrupt, map, route, support, symbol, tactics, teamwork, trust

Session 1 – To develop co-operation and teamwork skills.

## Success Criteria

- Be clear and descriptive with your instructions.
- Listen carefully to your teammates' instructions.

# Whole Child Objectives

- Social: To communicate with teammates and put forward ideas.
- Emotional: To show determination to complete a challenge.
- Thinking: To use critical thinking to solve a problem.

## Vocabulary:

Communication, discuss, interrupt, support, teamwork

Session 2 – To develop trust and teamwork.

#### Success Criteria:

• Be clear and descriptive with your instructions.

## Whole Child Objectives:

- Social: To communicate with my team sharing and reflecting on tactics.
- Emotional: To trust in others.
- Thinking: To evaluate the effectiveness of my tactics and make changes.

# Vocabulary

Communication, discuss, interrupt, tactics, teamwork, trust

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Session 3 –To involve all team members to work towards a shared goal.

#### Success Criteria:

• Think about the limitations set on other team members and how you could support them.

# Whole Child Objectives:

- Social: To be inclusive of others.
- Emotional: To have the confidence to share my ideas.
- Thinking: To reflect on a tactic and make changes where necessary.

## Vocabulary

discuss, interrupt, tactic, trust

Session 4 - To develop trust whilst listening to others and following instructions.

## Success Criteria:

• Listen carefully to your teammates' instructions.

# Whole Child Objectives:

- Social: To collaborate with others to create a strategy.
- Emotional: To show honesty when playing.
- Thinking: To create use and adapt tactics.

## Vocabulary

Discuss, tactics, trust, support, honest.

Session 5 –To be able to identify objects, draw and follow a simple.

## Success Criteria:

Look carefully at the map and ask teammates if you need help.

## Whole Child Objectives:

- Social: To discuss and decide on roles for each of my team members.
- Emotional: To be confident to share my ideas.
- Thinking: To create a route for others to use.

# Vocabulary

discuss, communication, map, route, symbol

Session 6 – To draw a route using directions, orientate a map and navigate around a grid.

#### Success Criteria:

Turn your map as you move so that the correct colour cone is in front of you in real and on the map.

# Whole Child Objectives:

- Social: To be inclusive of others and listen to their ideas.
- Emotional: To be confident to share my ideas.
- Thinking: To use a map to travel a given route.

### Vocabulary

Discuss, map, symbol, route, compass,

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# **Future learning this content supports:**

This unit will support future OAA units throughout KS2. It will also support them during their summer topics helping them to transfer some key skill across. Pupils will have improved their balance, coordination, cooperation skills, speed and stamina which can be applied in units throughout the summer term.