

## **Medium Term Plan: Supporting Implementation of**

### **Subject: Year 5 Autumn 1 – Dodgeball:**

Dodgeball is a target game. In this unit pupils improve on key skills used in dodgeball such as throwing, dodging, jumping and catching. They learn how to select and apply tactics to the game to outwit their opponent. In dodgeball, pupils achieve this by hitting opponents with a ball whilst avoiding being hit. Pupils are given opportunities to play games independently and are taught the importance of being honest whilst playing to the rules.

#### **N/C links:**

- use running, jumping and throwing in isolation and in combination.
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.

#### **Key skills:**

- Physical: throw, catch, dodge, block, balance, jump, run
- Social: co-operation, respect, communication
- Emotional: confidence, honesty, independence
- Thinking: tactics, comprehension, observation, creativity

### **Prior Learning (what pupils already know and can do)**

- Throw slightly ahead of a moving target.
- Begin in a ready position to help react to the ball.

### **Long-term Learning (what pupils MUST know and remember) End Goals**

- Develop a wider range of skills and begin to use these under some pressure.
- To identify when I was successful and what I need to do to improve.
- To throw accurately at a target.
- To work co-operatively with others to manage our game.
- To understand the need for tactics and can identify when to use them in different situations.
- To understand the rules of the game and I can apply them honestly most of the time.
- To understand there are different skills for different situations, and I am beginning to use these.

### **Key Vocabulary**

Avoid, communication, cushion, fake, force, officiate, opponent, situation, tactic

Session 1 - To develop throwing skills and apply them appropriately to the situation.

#### **Success Criteria**

- Hand points towards the target after you throw.
- Pass ahead of your moving target.

#### **Whole Child Objectives**

- Social: To work co-operatively to self manage games.
- Emotional: Be confident to try to catch the ball.
- Thinking: To communicate tactics with my team.

#### **Vocabulary**

Communication, fake, opponent

Session 2- To develop dodging skills and apply them appropriately to the situation.

#### **Success Criteria:**

- Aim low so that it is harder for your opponent to catch.
- Hand points towards the target after you throw.

#### **Whole Child Objectives:**

- Social: To be respectful of the referee's decision.

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- Emotional: To be confident to officiate.
- Thinking: To apply previous knowledge to show improvement in the game.

### Vocabulary

Officiate, opponent, situation

Session 3 – To develop catching skills and apply them appropriately to the situation.

### Success Criteria:

- Be in a ready position with bent knees so you are ready to move.
- Cushion the ball by bringing it into your body.
- Stay towards the back of your court and then move your feet to the ball to catch it.

### Whole Child Objectives:

- Social: To be respectful of the referee's decision.
- Emotional: To be confident to officiate.
- Thinking: To apply previous knowledge to show improvement in the game.

### Vocabulary

Occificate, cushion, situation

Session 4 - To develop blocking skills and apply them appropriately to the situation.

### Success Criteria:

- Be in a ready position with bent knees so you are ready to move.
- Hold the ball firmly with two hands.

### Whole Child Objectives:

- Social: To co-operate to self manage games.
- Emotional: To be honest in the games I play.
- Thinking: To observe and react to the given situation.

Dodgeball block video to be shown -

<https://pe.getset4education.co.uk/resourcebank/viewresourcefile?id=12254>

### Vocabulary

Situation, force, tactic

Session 5 – To understand the need for tactics and identify how to create and use them.

### Success Criteria:

- Communicate your ideas and listen to others.
- Consider the possible threats to help you create the tactic.

### Whole Child Objectives:

- Social: To communicate my ideas to others.
- Emotional: To give independent thought to each situation.
- Thinking: To give thought to the situation to help create the tactic.

### Vocabulary

Communication, tactics, situation

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Session 6 - To apply rules, skills and tactics when playing in a tournament.

### **Success Criteria:**

- Communicate your ideas and listen to others.
- Consider the possible threats to help you create the tactic.

### **Whole Child Objectives:**

- Social: To communicate my ideas with others.
- Emotional: To be honest and play by the rules.
- Thinking: To select and apply tactics to try to outwit my opponents.

### **Vocabulary**

Fake, communication, situation, avoid, tactics

### **Future learning this content supports:**

This unit will support children with future team invasion units throughout KS2. Due to having a variety of activities taught throughout this unit, pupils will have gained a broad range of skills that will be transferred across the team invasion units they encounter in the future. Pupils will have gained tactical knowledge and will have improved their balance, speed, coordination and agility. These skills will also be essential during their participation of various sports across KS2 such as football, tag rugby, basketball, netball etc.