



# Wigan St Andrew's CE Primary School.

## PSHE Intent, Implementation and Impact.

### Intent.

Our school's PSHE provision supports the school's aims of developing confident citizens and successful learners who are creative, resourceful and able to identify and solve problems. The social and emotional development of pupils is embedded throughout the entire school's curriculum and culture. The school has a powerful combination of a planned thematic PSHE program, built around a spiral curriculum of recurring themes, designed to:

- Give pupils the knowledge and develop the self-esteem, confidence and self-awareness to make informed choices and decisions;
- Encourage and support the development of social skills and social awareness;
- Enable pupils to make sense of their own personal and social experiences;
- Promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- Enable effective interpersonal relationships and develop a caring attitude towards others;
- Encourage a caring attitude towards and responsibility for the environment;
- Help our pupils understand and manage their feelings, build resilience and be independent, curious problem solvers;
- Understand how society works and the laws, rights and responsibilities involved.

We know there is a proven link between pupils' health and wellbeing, and their academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Economic education are critical to ensuring children are effective learners.

### Implementation.

SCARF is a whole-school approach to promoting behaviour, safety, achievement and wellbeing, not only reflecting the specific needs of the pupils but also reflecting the universal needs shared by all pupils. The SCARF scheme of work has six themed units providing a complete PSHE and wellbeing curriculum, including mental health and Relationships and Health Education.

These are:

#### **Me and My Relationships**

Includes feelings/emotions/conflict resolution/friendships.

**Valuing Difference**

Includes British Values focus.

**Keeping Myself Safe**

Includes aspects of Relationships Education (KS1).

Includes aspects of safe internet use, drugs and Relationships Education (KS2).

**Rights and Responsibilities**

Includes money/living in the wider world/environment.

**Being My Best**

Includes keeping healthy/Growth Mindset/goal setting/achievement.

**Growing and Changing**

Includes RSE-related issues.

Whilst PSHE is split into six separate core themes, in reality there will always be extensive overlap. PSHE education addresses both pupils' direct experience and preparation for their future. Therefore, we feel it is important to provide a spiral programme of knowledge, skills and attribute development, where prior learning is revisited, reinforced and extended in age and key stage appropriate contexts.

**Impact.**

When our children leave St Andrew's to continue their education, they will:

- Be able to recognise, understand and manage their own emotions.
- Understand who they can rely on and ask for support.
- Show respect to themselves and others.
- Have developed and demonstrate a positive self esteem.
- Recognise how to look after their own mental health and ask for support where necessary.
- Understand ways to maintain a healthy lifestyle.
- Have developed and maintained healthy relationships with peers and adults.
- Be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- Recognise differences and appreciate diversity.